

April 2023 Newsletter



Coming Events

North Island Métis

Annual General Meeting
Sunday April 23, 2023
1:00 - 5:00 pm

All NIMA members in good standing are eligible to vote
There will be activities and prizes
Dinner will be provided

Robron Centre - 740 Robron Road, Campbell River

Please RSVP by April 18th
events@nimetis.com or call (250) 287-7417

Mamawi

Avrii/April 16th (1:00 - 3:00 pm) at Robron Centre – Sashing Our Warriors Bannock and Tea. Attendees will create Woman’s Warrior Sash earrings.
PLEASE NOTE THE CHANGE IN DATE FOR THIS SESSION.

All Métis women and 2SLGBTQIAA+ individuals are welcome. Children are welcome to attend activities. If you and your children wish to attend and you would like for them to be minded, let us know asap and we can arrange for childcare for this time.



Lispaas



This is a new drop-in group that will be held the second Friday of every month, from 1:00 - 3:00 pm, in our office at Robron. This will give you some extra time to get help working on projects that you have started with us. Hot water will be on for tea while you are here.

To stay up to date on resources and future events by visiting our website and following our social media.

Website: www.nimetis.com
Facebook: @Northislandmetisassociation
Instagram: @Northislandmetis @youthnima

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Pihtikway - Cultural Nights

Avrii/April 25th from 6:00 - 8:00 pm at Robron Centre.

These gathering nights are a great opportunity to finish projects you may have previously started, such as hair tufting, beading or moccasins, start a new project or just come and enjoy some wonderful conversation and laughs. Children are welcome to attend with an adult, but no childminding is available. We are now offering tea and snacks at Pihtikway.

Ribbon Skirt Workshop



Avrii/April 29th from 10:00 - 3:00 pm at Robron Centre.

Join us in creating your very own Ribbon Skirt. All materials will be provided. If you have a sewing machine, please bring it – as we only have a few available! Lunch will be provided. This event is free for all NIMA members in good standing. Please RSVP if you would like to attend.



Did You Know? - Métis Canoe (a continuation)

Eventually, the birch bark canoes were replaced by York Boats. They were invented between 1826-1835 and quickly became the more favorable option as they could carry significantly more weight, while still only requiring a crew of 8-10 people. The York boat was rowed, as opposed to paddled like the canoe, and had a mast and sail to make the journey easier. However, portaging a York boat over land, mountain and swamp was a much more difficult feat.

York Boats were constructed using local wood and iron that was imported. The boats were long, with flat bottoms and a stern that came up at a 45-degree angle. This made it ideal for travelling in the winter when the waterways would freeze, as it could cut through the ice. The first York Boats were around thirteen meters long, but as trading exploded, they began to make three different sizes of boats – the largest of which could hold 120 bundles of trade goods. York boats became the main method of transporting trade items for over 100 years.

To read the whole document, check out our website, under Resources – Métis Culture

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Housing and Childcare

On March 18th, NIMA and MNBC hosted a Housing Event at the Sportsplex. We had a great turn-out, with lots of discussion and activities. Here are a few photos from the event!



Chi miigwetch (huge thanks) to Good Earth Farms Seeds for your donation of seeds, as well as putting together the order that went into our food hampers! The seeds that were donated were given out at the housing event. We still have some available if you are looking to add anything else to your garden this year!

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Are you a NIMA member who is looking for a career supporting your Métis community? Check out our Careers Page (<https://www.nimetis.com/careers.html>) for more information!



NIMA currently has these medicines available for members. Please stop by the office if you would like to pick some up.

- Sweetgrass
- Sage
- Mint
- Spruce Tips
- Labrador Tea
- Stinging Nettle

Have checked out our Facebook page lately? We have a Michif Word of the Week every Friday, and we are currently running a Bison or Buffalo Facts series once a week - that often includes some great jokes!



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Get Jiggy with Us!

6:00pm - 7:00pm on the first Tuesday and third Thursday of every month.

Learn how to dance along to the Red River Jig, Heel Toe Polka, Sash Dance and more. Participants will learn a couple basic steps, as well as many fancy steps, so you will be ready to jig the next time the fiddle starts playing!

Participants who regularly attend the events below receive
A FREE PAIR OF MANITOBAH MUKLUKS MOCCASINS.



No experience necessary. All sessions will be tailored to participant ability levels.

Join us in person, at Robron Centre, or on Zoom (posted on our website).

2023 Free Moccasin Jigging Dates:

| | | | |
|---|--|--|--|
| January 19 th | April 4 th & 20 th | July 4 th & 20 th | October 3 rd & 19 th |
| February 7 th & 16 th | May 2 nd & 18 th | August 17 th | November 7 th |
| March 7 th & 16 th | June 6 th & 15 th | September 5 th & 21 st | December 5 th |

A124 – 740 ROBRON ROAD
CAMPBELL RIVER, BC V9W 6J7
250-287-7417
www.nimetis.com

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Kayhkway Chi Miichihk

Robron Center (740 Robron Road) Campbell River

Saturday, May 6th, 2023

11:00am - 3:30pm

Kayhkway Chi Miichihk (50+ Luncheon)

Saturday, May 6th

Lunch

Gentle stretching

After lunch Yvonne Houssin, from MNBC will be presenting information on physical health, offering a variety of testing (on site) and how you can take a Métis specific approach to improving your health.

Cultural activity – Building Your Smudge/Spiritual Cleansing Bundle

Please RSVP by April 27th. Return this form to the office in person, by email, or call the office with any questions. We look forward to seeing you here!


Name: _____

Telephone Number: _____

Email: _____

Food Allergies: _____

Avrii/April 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|--|---|----------|---|--|
| | | | | | | 1 |
| 2 | 3 | 4 Get Jiggy with Us Robron/Zoom 6:00-7:00 | 5 | 6 | 7 Vaamrjii Saen/Good Friday | 8 |
| 9 Li Zhoor di Paak/Easter | 10 | 11 | 12 | 13 | 14 Lispaas at Robron 1:00-3:00  | 15 |
| 16 Mamawi – Sashing Our Warriors Bannock and Tea at Robron 1:00-3:00 | 17 | 18 | 19 Get Jiggy with Us Robron/Zoom 6:00-7:00 | 20 | 21 | 22 |
| 23 AGM at Robron- 1:00-5:00 | 24 | 25 Piitlikway at Robron 6:00-8:00 | 26 | 27 | 28 | 29 Ribbon Skirt Workshop at Robron 10:00-3:00 |
| 30 | | | | | | |


MICCHIF

April Fools – Pwasoon
d'Avrii

Easter – li Zhoor di Paak

Rabbit – aen Iyayv

Mii/May 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|--|---|--------------------------------------|---|---|---|
| | | 1 Get Jiggy with Us - Robron/Zoom 6:00-7:00 | 2 | 3 | 4 | 5 Kayhkway Chi Mii'chik at Robron 11:00-3:30 | 6 |
| 7 Mamawi – Loom Beading at Robron 1:00-3:00 | 8 | 9 | 10 | 11 Lispaas at Robron 1:00-3:00 | 12  | 13 | |
| 14 La Zhoornii poor Iii maamaa/Mother's Day | 15 | 16 | 17 Get Jiggy with Us - Robron/Zoom 6:00-7:00 | 18 | 19 | 20 | |
| 21 | 22 La zhoornii poor la reen/Victoria Day | 23 | 24 | 25 | 26 | 27 | |
| 28 | 29 | 30 Piitlikway at Robron 6:00-8:00 | 31 | | | | |

MICHIIF

Flower – enn fleur

Bird – aen nwayzoo

My Mom – ni
maamaa