

Avrii 2024 Newsletter



Taanishi kiiyawow,

Update: Participant Procedures Starting 2024

NIMA offers many programs and workshops throughout the year. With increased interest from all members and Métis community in general, NIMA will be putting the following procedures in place to ensure space for those who RSVP and claim a space are attending.

If any members sign up for a program or workshop and no-show for two of these events, they will be placed on a waitlist for workshops. The waitlist placement will be removed after one year from the last missed workshop or after two confirmed attendances at future workshops (if given space to attend). If there is space in future workshops, you will be contacted closer to the date of the event. Failure to again attend a workshop without proper notice or extenuating circumstances after being waitlisted will result in a pause in eligibility for workshops for one year.

While we want all our members to feel welcome and attend events, there is a cost consideration for all programming that has prompted these new procedures. We do not want to create barriers by requiring a workshop deposit fee, but we require folks to attend if they have registered. Please go to our [events webpage](#) for definitions and info.

Office Hours Update

NIMA has expanded our office hours. We are now open Tuesday-Friday 9:30AM-1:30PM.

Coming Events

Womxn's Programming

Kick Boxing:

Monday kick boxing classes are held at Pure Martial Arts and Fitness from 4:30PM-5:30PM. Reminder these classes are open to all NIMA womxn. **From January 2024-September 2024 NIMA members who attend a minimum of three sessions a month (only two required in February) will receive a reimbursement for up to \$100 each month for a fitness class or up to \$900 for a piece of fitness equipment (after four months).**

To stay up to date on resources and future events by visiting our website and following our social media.

Website: www.nimetus.com
Facebook: @Northislandmetisassociation
Instagram: @Northislandmetis @youthnima

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Book Club:

The next book club meeting will take place on Saturday, April 13th at 3:30PM-4:30PM, we will be discussing *Empire of Wild*, by Cherie Dimaline. Free for NIMA womxn.

Reclaiming the Matriarch:

Our April Mamawi will be led by Robyn Edgar (Wild About Plants). This is a one-day plant medicine workshop. It will take place on April 13th from 9:00AM-3:00PM. This will include a plant walk, information on harvesting and participants will learn how to create a salve and oil (that you can take home). Free for NIMA womxn. Lunch and supplies are included.

Mxn's Programming

The next mxn's group will be taking place on Friday, April 19th from 5:00PM-7:00PM at Velocity. Appetizers will be provided. **Please RSVP if you would like to attend.**

On April 27th, NIMA is hosting a fly-tying workshop at Robron from 12:30PM-2:30PM. This is open to all NIMA mxn. Please RSVP if you would like attend.

50+ Programming

Our next Kayhkway Chi Miichihk will be taking place on Saturday, June 8th from 11:00AM-4:00PM. This event is open to our 50+ members and will include lunch. More information to follow.

Health

Would you like to discuss any health needs/concerns or learn about funding and programming available for health-related services? You can phone to book an appointment with Lisa-Marie Szonyi (our new Métis Patient Navigator) or Eric de Montarnel (Health Manager).

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Culture

Lispaas:

Drop by the first Friday of the month to work on unfinished projects. The next session will be held on Friday, April 5th from 1:00PM-3:00PM.

Piihtikway:

NEW PIIHTIKWAY – NIMA is now hosting a second Piihtikway on the third Friday of every month. The next session will take place on Friday, April 19th, from 6:00PM-8:00PM at Robron. This is a kid-friendly event so bring your family and your projects. Hot drinks and snacks available.

Piihtikway will be taking place on Tuesday, April 30th from 6:00PM-8:00PM at Robron in the conference room. Stop by to work on projects, or visit. The kettle will be on.

Culture Camp:

We have begun planning our 2024 camping trip – mark your calendars for June 14th-17th. This year we will be staying at Taku Resort on Quadra Island. NIMA rooms are currently all full. Let us know if you would like to be put on the waitlist for a cancellation. If you would like to camp or bring an RV, we recommend you book a camping spot ASAP as locations on Quadra go quickly. You are also welcome to book your own room(s) at the same or a different resort on Quadra Island to ensure you have lodging for the event. Regardless of the location you stay, if you plan to attend this event, please RSVP so that we have a clear idea of numbers for food and activities.

Special Events

AGM:

This year's AGM will be held on Sunday, April 21st at the Robron Centre. It will take place from 1:00PM-5:00PM. Activities and dinner will take place after the AGM. Please RSVP if you will be attending.

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NORTH ISLAND MÉTIS

LAARB KAWMAEKIT

*Join us as we explore cultural
food sustainability practices.*

**Seed Starting and Gardening for
Beginners** (December 10th 3:30-6:30)

Using Plant Growing Equipment

(January 13th 9:00-11:30)

Soil Composition

(January 25th 5:00-8:30)

Small Space/Hydroponic Gardening

(February 10th 3:00-5:30)

Pemmican Making

(March 16th 9:00-3:00)

Good Earth Farm Tour

(April 6th 1:00-3:00)

Rabbit Processing

(May 4th/5th 9:00-4:30)

Canning (May 25th 9:00-4:00)

Program Wrap-Up

(June 8th 9:00-11:00)

Meals and childminding will be provided,
take home materials, will be given at each
session.

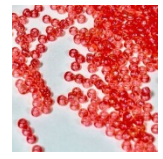


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NIMA finally has our NEW sashes in stock, available in both adult and child's sizes. We have over 80 bead colors in stock, with more arriving soon. NIMA has just restocked our beading kits, that include everything you need to make a brooch.

Stop by the office Tuesday-Friday 9:30AM-1:30PM to check out all our amazing items.



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Avrii/April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter OFFICE CLOSED	2	3	4 Permican Workshop in Port Hardy (Sacred Wolf) 4:00PM-8:00PM	5 Lispaas at Robron 1:00PM-3:00PM	6 Fly Tying at Robron 10:30-12:30 Good Earth Farm Tour 1:00PM-3:00PM
7	8 Wild Womxn at Pure 4:30PM-5:30PM	9	10	11	12	13 Wild About Plants Workshop at Robron 9:00AM-3:00PM Book Club 3:30PM-4:30PM
14	15 Wild Womxn at Pure 4:30PM-5:30PM	16	17	18	19 Pititkway at Robron 6:00PM-8:00PM Mxn's Group at Velocity 5:00PM-7:00PM	20
21	22 AGM at Robron 1:00PM-5:00PM Wild Womxn at Pure 4:30PM-5:30PM	23	24	25	26	27 Level Two Capote Workshop at Robron 10:00AM-3:00PM
28 Level Two Capote Workshop at Robron 10:00AM-3:00PM	29 Wild Womxn at Pure 4:30PM-5:30PM	30 Pititkway at Robron 6:00PM-8:00PM				

Mii/May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Lispaas at Robron 1:00PM-3:00PM	4 Rabbit Processing at Robron 9:00AM-4:30PM
5 Rabbit Processing at Robron 9:00AM-4:30PM	6 Wild Womxn at Pure 4:30PM-5:30PM	7	8	9	10	11 Fish Identification and Licenses at Robron 10:00AM-12:00PM Book Club at Robron 12:00PM-1:00PM Gregory Scofield 1:00PM-4:00PM
12	13 Wild Womxn at Pure 4:30PM-5:30PM	14	15	16	17 Pihtikway at Robron 6:00PM-8:00PM	18
19	20 May Long Weekend No Wild Womxn	21	22	23	24	25 Canning at Robron 9:00AM-4:00PM
26	27 Wild Womxn at Pure 4:30PM-5:30PM	28 Pihtikway at Robron 6:00PM-8:00PM	29	30 Port Hardy Cultural Night 4:00-8:00PM	31	