

Taanishi kiiyawow/hello everyone

Just a reminder that NIMA's office will be closed July 29th-August 13th

Coming Events

NIMA Health Supports – Fridays 10:00am – 2:00pm

Would you like to attend a virtual doctor or counselling appointment? Maybe you would like to discuss medical concerns and learn about funding and programs that are available for health care needs? Drop-in to the Robron Centre Conference room on Friday, August 18th, 25th or September 1st to speak with Métis Patient Navigator, Eric de Montarnal, from 10:00am - 2:00pm.

FitNation Geocaching

Members meet up at the designated location each week on Wednesday at 10:00am – don't forget a water bottle, as we will head out for up to two hours!

August 16th – Erikson Road Willow Creek Trail entrance

August 23rd – Simms Creek, Rockland Road entrance (near Timberline)

August 30th - Beaverlodge - Hilchey/Dogwood entrance

Piihtikway

This group gives members the opportunity to finish projects you may have previously started, such as fire bags, hair tufting, beading or moccasins, or start a new project or just come and enjoy some wonderful conversation and laughs. Children are welcome to attend with an adult, but no childminding is available. We are now offering tea and snacks at Piihtikway. The next Piihtikway will take place from 6:00 – 8:00pm at Robron on Tuesday, August 29th.

To stay up to date on resources and future events by visiting our website and following our social media. Website: www.nimetis.com



OrcaFest (Port McNeill)

On Saturday, August 19th, NIMA will once again share a table with Gina Coutts (MNBC Early Years Family Connections Program) at OrcaFest. Stop by for a free temporary tattoo. We look forward to seeing you there!

Tennis at Robron

Meet us at the Robron tennis courts to learn how to play tennis. All equipment is supplied, just bring a good pair of shoes and some water. Swim passes will be given to all NIMA members that join. NIMA staff will be there Tuesday's and Thursday's from 6:00-7:00 on August 22nd, 24th, 29th and 31st. See you on the courts!

Get Jiggy with Us

The next jigging date is Thursday, August 17th from 6:00-7:00pm at Robron Centre. You can also join us from the comfort of your own home on Zoom!

Kayhkway Chi Miichihk

The next 50+ luncheon will be taking place on Saturday, September 9th from 11:00am - 3:30pm at Robron Centre. This event and lunch is open to all NIMA members in good standing. Join us for some gentle chair exercises, lunch, rattle making and to meet our Métis Patient Navigator. Please RSVP if you can make it!

Mamawi

There will be no Mamawi in August, however our September Mamawi will be taking place on Sunday, September 10th from 11:30am - 3:00pm. This group will include lunch and future planning, as well as a special presentation from our Women's Director. NIMA women and 2SLGBTQQIA+ members that attend will receive a gift for participation. Please RSVP if you would like to join us.

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Pucker Toe Moccasin Workshop



When: August 26th & 27th 10:00-3:00

Where: At Robron Centre Lunch will be provided.



Join us the last weekend in August to make your very own pair of

Pucker Toe Moccasins.

All supplies will be included, open to all NIMA members.

Please RSVP if you can make it - 250-287-7417 or events@nimetis.com

Mitasses Workshop



When: September 16th and 17th 10:00-3:00

Where: At Robron Centre



Join us for a two-day workshop to create your own pair of Métis style leggings/mitasses. These will help keep you warm as the days start to cool off, perfect to go under your ribbon skirt, or over your favorite pair of jeans!

All supplies and lunch will be included.

Free to all NIMA members in good standing.

Please RSVP if you can make it - 250-287-7417 or events@nimetis.com

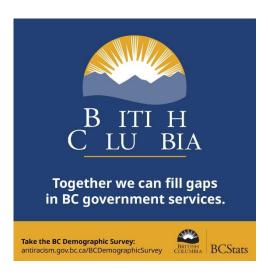
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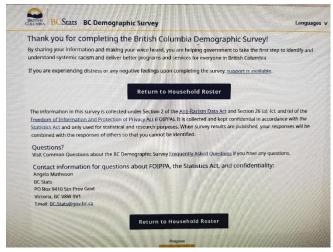


BC Demographic Survey for a Grocery Gift Card Saturday, September 9th from 10am – 3:30pm

We all deserve to live in a province where we have equitable opportunities to thrive. But many of the systems and structures our society is built on turn a blind eye to the unique needs of Indigenous Peoples and other underrepresented communities. That's why the B.C. government is running an important initiative this summer. They're asking everyone in B.C. to fill out the BC Demographic Survey to help identify and eliminate systemic racism from government programs and services. The survey is available online in 15 languages until September 29th and will take about 15 minutes of your time.

It is available at https://antiracism.gov.bc.ca/bcdemographicsurvey





screenshot of final page of survey

NIMA members are invited to complete the survey on Saturday, September 9th from 11:00am - 3:30pm. Stop by the Robron Centre for a free bowl of chili and complete the survey. NIMA members who participate in the BC Demographic survey will receive a \$15 grocery gift card for your time. You are still eligible for the grocery card if you choose to complete the survey on your own, just take a screenshot of the final page to show us that day.

#AntiRacistBC #AntiRacismBC #BCDemographicSurvey

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Check out photos from our July festivities:



















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Auoo/August 2023

		6:00-7:00	Hilchey/Dogwood	Tennis at Robron Field Court 6:00-7:00		
		Tennis at Robron Field Court	FitNation Geocaching - 10:00	Piihtikway at Robron 6:00-8:00		Point Toe Moccasins - Robron 10:00-3:00
		31	30	29	28	27
Point Toe Moccasins - Robron 10:00-3:00		Tennis at Robron Field Court 6:00-7:00	FitNation Geocaching - 10:00 Rockland Road	Tennis at Robron Field Court 6:00-7:00		
26	25	24	23	22	21	20
Orca Fest – Port McNeill		Get Jiggy with Us – Robron/Zoom 6:00-7:00	FitNation Geocaching - 10:00 Willow Creek			
19	18	17	16	15	14	13
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Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
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Moccasin – Iii sooyii moo

Caribou – aen kariboo

Summer – l'itii

Septaambr/September 2023

24	17 Mitasses Making at Robron 10:00-3:00	Mamawi Planning Group (lunch provided) at Robron 11:30-3:00		3		Sunday
25	18	=	Office Closed	4		Monday
26 Piihtikway at Robron 6:00-8:00	19	12	Jigging at Robron/Zoom 6:00-7:00	5		Tuesday
27	20	13		0		Wednesday
28	Jigging at Robron/Zoom 6:00-7:00	14		7		Thursday
29	22	15		00	1 Lispaas at Robron 1:00-3:00	Friday
30 Truth and Reconciliation Day	23	16 Mitasses Making at Robron 10:00-3:00	Kayhkway Chi Michihk at Robron 11:00-3:30 BC Demographic Surveys 11:00-3:30	9	2	Saturday

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Leggings - Mitasses

Fall - latonn

Harvest -Pawahikayhk