

Noovaambr 2023 Newsletter



Taanishi kiiyawow/hello everyone

Coming Events



Lispaas

Drop by the office Friday, November 3rd from 1:00pm-3:00pm to work on unfinished projects.

Mamawi

The next session will be taking place on Sunday, November 12th from 1:00pm-3:00pm at Robron. Bring a work-in-progress to work on while we discuss more in depth the future of Mamawi and Wild Womxn. This group is open to all NIMA women/2SLGBTQQA+ community members. Children are welcome to attend with their parent/caregiver, but no childminding is available. Hot water will be on for tea.

Piihtikway

This group gives members the opportunity to finish projects you may have previously started, such as fire bags, hair tufting, beading or moccasins, start a new project or just come and enjoy some wonderful conversation and laughs. Children are welcome to attend with an adult, but no childminding is available. We are now offering tea and snacks at Piihtikway. The next Piihtikway will take place on Tuesday, November 28th from 6:00pm-8:00pm.

Get Jiggy with Us

This month we will be holding only one jigging session, due to Louis Riel Day. It will be taking place on Tuesday, November 7th from 6:00pm-7:00pm at Robron Centre (or on Zoom).



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future events by visiting our website and following our social media.



Website: www.nimmetis.com

Facebook: @Northislandmetisassociation

Instagram: @Northislandmetis @youthnima



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Louis Riel Day Activities

November 14th at 12:30 NIMA will be down at Spirit Square for the Métis flag raising. On November 16th we will be raising our flag in Port Hardy at 1:30pm.

On Thursday, November 16th, NIMA will be heading to the Sacred Wolf Friendship Centre in Port Hardy to host a Louis Riel Day event. We will be there from 4:00pm-8:00pm. Dinner and activities will be provided.

On Saturday, November 18th, NIMA will be hosting a Louis Riel Day event at Robron Centre in Campbell River. Join us from 1:00pm-5:30pm. The first annual **VOYAGEUR GAMES COMPETITION** will take place from 2:00pm-3:30pm. Register your brigade of four to compete for some great prizes! If you would like to join in the competition, but do not have a team, let us know and we can pair you up with a group. Prizes will be given out based on points earned, and bonus points will be awarded for dressing the part of a voyageur! Dinner will be served at 4:30pm.

*North Island Métis*
Louis Riel Day
Saturday, November 18th, 2023
1:00 - 5:30 pm

1:00pm - Early prize draw, table games
2:00pm - VOYAGEUR GAMES COMPETITION Teams of four. Big prizes. Extra points for dressing as a voyageur.
3:45pm - Live music
4:30pm - Dinner

Robron Centre - 740 Robron Road, Campbell River

Please RSVP by November 10th
events@nimetis.com or call (250) 287-7417

To stay up to date on resources and future events by visiting our website and following our social media.

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****Pictures are hints of what is to come!****



VOYAGEUR GAMES COMPETITION



Competition to start at 2:00 on November 18th at Robron. Please submit your team members names by November 10th to:

250-287-7417 - events@nimetis.com - or in person

Prizes awarded to the top teams!



Team Name:

-

Team Members:

-
-
-
-
-





NIMA HEALTH SUPPORTS

Would you like to attend a virtual doctor or counselling appointment?

Maybe you would like to discuss medical concerns and learn about funding and programs that are available for health care needs?

Drop-in medical appointments are now available at the Robron Centre conference room with NIMA's Métis Patient Navigator, Eric de Montarnal

PLEASE BRING THE FOLLOWING ITEMS WITH YOU:

- YOUR NIMA CARD
- YOUR MNBC CARD (IF APPLICABLE)
- ANY PAPERWORK OR INFORMATION RELATED TO THE REASON FOR YOUR VISIT.

DROP-IN DATES

FRIDAY, November 2nd
3:00-6:00

FRIDAY, November 10th
3:00-6:00

FRIDAY, November 17th
3:00-6:00



**NORTH
ISLAND
MÉTIS**

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WILD WOMXN



Join us as we start a new group for Métis women and 2SLGBTQQIA+ members in good standing. The program will be expanded on starting in January.

We will be kicking this group off with weekly self-defense classes, held at Pure Martial Arts and Fitness starting October 30th

MONDAYS | 4:30-5:30

Please register by contacting the office events@nimetis.com or 250-287-7417

NORTH ISLAND MÉTIS

GAUNTLET MITTEN WORKSHOP

December 2nd and 3rd from 10:00-3:00



photo from the McCord Stewart Museum

Over the weekend you will be able to complete a basic pair of gauntlet mittens, with minimal beadwork. If you would like to add a more elaborate design, stop by the office ahead of time to grab your materials.

All materials and lunch will be supplied. Free to all NIMA members in good standing.

Please RSVP if you can make it.
events@nimetis.com
250-287-7417



KAYHKWAY CHI MIICHIHK

Lunch

Gentle chair exercises

Discussion around community health needs

Fall risk assessment

Woodburning Christmas ornaments

This event is open to all 50+ NIMA community members, in good standing.

Gift packages will be given to all members who attend.

SATURDAY, DECEMBER 16TH

12:00PM-4:00PM

CONFERENCE ROOM AT ROBRON CENTRE

PLEASE RSVP IF YOU WOULD LIKE TO JOIN US:
250-287-7417 OR EVENTS@NIMETIS.COM

NMA Pancake Breakfast

Join us for breakfast and games in the gym.
Open to all members in good standing.

Saturday, December 16th
9:00AM-11:00AM
Robron Centre



Please RSVP if you can
make it:

250-287-7417

events@nimetis.com



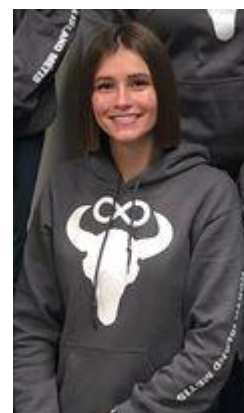
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Have you looked through the NIMA shop recently? The cooler weather is coming, and we have hoodies in a variety of colors, as well as some cozy toques to keep your ears warm!

We now sell beads! We have a large color selection, with 40+ different colours. There are many varieties available including opaque, pearl, transparent, matte, metallic and silver-lined. All available beads are Czech Preciosa, size 10. Packages are \$3.00 for 22 grams.

Stop by the office Tuesday-Thursday 10:00am-1:00pm to check out all our amazing items!



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Noovvambbr/November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Lispaas at Robron 1:00-3:00 <u>NIMA Health</u> Supports at Robron 3:00-6:00	4
5	6 Jigging at Robron 6:00-7:00	7	8	9	10 NIMA Health Supports at Robron 3:00-6:00	11 La Zhoornii poor Iii Saalda/Remembrance Day
12 Mamawi at Robron 1:00-3:00	13	14 Flag Raising at Spirit Square 12:30	15	16 Louis Riel Day Dinner and Cultural Night at SWFC 4:00-8:00 <u>Flag Raising in Port Hardy 1:30</u>	17 NIMA Health Supports at Robron 3:00-6:00	18 Louis Riel Day Activities at Robron 1:00-5:30
19	20	21	22	23	24	25
26	27	28 Piitlikway at Robron 6:00-8:00	29	30		

MICHIIF

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saaldaa - Poppy

La saantii - health

La zhlii - frost

Disaanbbr/December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Lispaas at Robron 1:00-3:00	2 Gauntlet Mitten Workshop at Robron 10:00-3:00
3 Gauntlet Mitten Workshop at Robron 10:00-3:00	4 Jigging at Robron/Zoom 6:00-7:00	5	6	7	8 NIMA Health Support At Robron 3:00-6:00	9
10 Mamawi at Robron 1:00-3:00	11	12	13	14	15	16 Pancake Breakfast at Robron 9:00-11:00 <u>Kayhkway Chi</u> Miichhk at Robron 12:00-4:00
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	OFFICE CLOSED					
	OFFICE CLOSED					

MICHIIF

Li Zhoor di

Nowel/Christmas

La niizh/snow

Faamii/family