

# Aaoo 2024 Newsletter



**NIMA's office will be closed from August 5<sup>th</sup> -20<sup>th</sup> for summer holidays.  
Please note that call and emails may not be returned immediately.**

## **Table of Contents**

**\*\*click the title to go to that section\*\***

- **Womxn's Programming**

- ⇒ Kickboxing
- ⇒ Book Club
- ⇒ Reclaiming the Matriarch

- **Mxn's Programming**

- **50+ Programming**

- ⇒ Coffee Group
- ⇒ Kayhkway Chi Miichihk

- **Summer Card Games**

- **Health Programming**

- ⇒ Booking appointments

- **Culture**

- ⇒ \*New\* Southern Michif Language Group
- ⇒ Lispass
- ⇒ Piihtikway

## **Other Information**

- **NIMA Store Info**
- **August Calendar**
- **September Calendar**



## MÉTIS 12 DAYS OF CHRISTMAS

NIMA IS PUTTING TOGETHER A MÉTIS RENDITION OF THIS CLASSIC CHRISTMAS SONG. DO YOU HAVE A CHILD WHO WOULD LIKE TO ILLUSTRATE A PAGE? SEND IN THEIR SUBMISSION BY AUGUST 30TH. PLEASE INCLUDE THEIR NAME AND AGE, AS WELL AS PARENT/GUARDIAN CONTACT INFORMATION.

**PICK THE PAGE(S) THAT YOU WOULD LIKE TO ENTER IN:**

- 12 RED RIVER CARTS**
- 11 FIDDLERS**
- 10 JIGGERS**
- 9 HIDES BEING TANNED**
- 8 BISON**
- 7 PEOPLE BEADING**
- 6 TRAPPERS**
- 5 FIRE BAGS**
- 4 BANNOCK**
- 3 RIBBON SKIRTS**
- 2 BEAVER HATS**
- 1 SASH**
- ...IN A BIRCH TREE**

Submit your entries either in person or to [events@nimetis.com](mailto:events@nimetis.com)  
There will be a small prize for those that are chosen!

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## Womxn's Programming

### Kick Boxing:

Monday kick boxing classes are held at Pure Martial Arts and Fitness from 4:30PM-5:30PM. Reminder these classes are open to all NIMA womxn. There will be no classes on Monday, August 5<sup>th</sup> or Monday, August 12<sup>th</sup>.

### Book Club:

The next book club meeting will take place on Saturday, September 7<sup>th</sup> from 11:30AM-1:00PM, lunch will be provided, we will be discussing *The Northwest is Our Mother* by Jean Teillet. Free for NIMA womxn.

### Reclaiming the Matriarch:

Our next Mamawi will take place on Saturday, September 7<sup>th</sup> from 1:00PM-4:00PM. In September we will be making scissor cases. Please contact the office to RSVP.

## Mxn's Programming

The next Mxn's Bushcraft session will be taking place on Saturday, September 14<sup>th</sup> from 3:00PM-5:00PM. On Saturday, September 28<sup>th</sup> Mxn's group will be hosting a build session from 3:00PM-5:00PM. Please RSVP if you would like to attend either or both sessions.

## 50+ Programming

### Coffee Group

Join us for our weekly coffee group, Tuesdays from 9:30AM-11:00AM. On August 6<sup>th</sup> and 13<sup>th</sup>, we will be meeting at the Willow Point Tim Hortons. August 20<sup>th</sup> and 27<sup>th</sup> will be at Robron in the conference room.

### Kayhkwai Chi Miichihk:

Our next Kayhkwai Chi Miichihk will be taking place on Saturday, September 28<sup>th</sup> from 11:00AM-3:00PM. More details will follow in the next newsletter.

## Summer Card Games

On August 27<sup>th</sup> NIMA will be hosting a card games night at Robron from 6:00PM-8:00PM.

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## Health Programming

Do you, or someone in your household, need a Family Doctor or Nurse Practitioner? Please reach out to Eric and he will assist you with getting connected.

Would you like to discuss any health needs/concerns or learn about funding and programming available for health-related services? You can phone to book an appointment with Lisa-Marie Szonyi (Health & Housing Navigator) or Eric de Montarnal (Health Manager).

Mark your calendars for our NIMA Health Fair, taking place on Friday, October 18<sup>th</sup>, 2024, at Robron. Drop-in between 2:00PM-8:00PM. There will be health tables, speakers and an immunization clinic. Dinner will be served at 5:00PM.

Stay safe in the heat, make sure to drink plenty of water and apply sunscreen if you do go out. Need a portable A/C unit? You may qualify for the free one through hydro. You can check out the program [here](#). If you would like assistance with the application form you can reach out to Lisa-Marie.

## Culture

### **\*\*NEW\*\* Southern Michif Language Group**

On Tuesday, August 27<sup>th</sup> from 6:00PM-8:00PM we will be holding our introduction session to our new language program. In this session we will be going over the program, what it will look like and when we will be meeting every month. Bring any questions you may have. Tea and snacks will be provided. All NIMA members are welcome to attend.

### **Lispaas:**

Drop by the first Friday of the month to work on unfinished projects. The next session will be held on Friday, August 2<sup>nd</sup> from 1:00PM-3:00PM.

### **Piihtikway:**

Our next Piihtikway will take place on Friday September 20<sup>th</sup> from 6:00pm – 8:00pm and will be held the 3<sup>rd</sup> Fridays of every month

### **Laarb Kawmaekit 2.0**

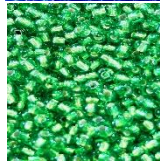
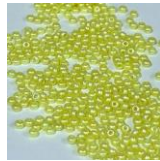
#### September Sessions

- Canning at Robron **\*\*\*NEW DATE\*\*\*** Saturday, September 14<sup>th</sup> 9:00AM-3:00PM
- Gauntlet Mittens (Must have attended Rabbit tanning) Saturday, September 21<sup>st</sup> 9:00AM-3:00PM

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NIMA has just had a shipment of NEW t-shirts and hoodies, available in both ADULT and YOUTH sizes. We also have new orange shirts, available in all sizes! New bead kits available as well! Head on over to our website [www.nimetus.com](http://www.nimetus.com) to check them out or stop by the office Tuesday-Friday 9:30AM-1:30PM to check out all our amazing items.



# Aaoo/August 2024

| Sunday                          | Monday                                    | Tuesday                                                                                                                                           | Wednesday                        | Thursday                        | Friday                          | Saturday                                     |
|---------------------------------|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|---------------------------------|---------------------------------|----------------------------------------------|
|                                 |                                           |                                                                                                                                                   |                                  | 1                               | 2                               | 3                                            |
| 4                               | 5                                         | 6<br>Coffee Group at Willow Point<br>Tim Hortons<br>9:30AM-11:00AM                                                                                | 7                                | 8                               | 9                               | 10                                           |
|                                 |                                           |                                                                                                                                                   | OFFICE CLOSED FOR STAFF HOLIDAYS |                                 |                                 |                                              |
| 11                              | 12                                        | 13<br>Coffee Group at Willow Point<br>Tim Hortons<br>9:30AM-11:00AM                                                                               | 14                               | 15                              | 16                              | 17<br>NIMA staff at Orca Fest and Rendezvous |
|                                 |                                           |                                                                                                                                                   | OFFICE CLOSED FOR STAFF HOLIDAYS |                                 |                                 |                                              |
| 18                              | 19<br>Wild Womxn at Pure<br>4:30PM-5:30PM | 20<br>Coffee Group at Robron<br>9:30AM-11:00AM                                                                                                    | 21                               | 22<br>Womxn's Matriarch Retreat | 23<br>Womxn's Matriarch Retreat | 24<br>Womxn's Matriarch Retreat              |
| 25<br>Womxn's Matriarch Retreat | 26<br>Wild Womxn at Pure<br>4:30PM-5:30PM | 27<br>Coffee Group at Robron<br>9:30AM-11:00AM<br>Card Games Night (Robron)<br>6:00PM-8:00PM<br>Intro to Michif Program (Robron)<br>6:00PM-8:00PM | 28                               | 29                              | 30                              | 31                                           |

# September 2024

| Sunday | Monday                                          | Tuesday                                                 | Wednesday | Thursday | Friday                                      | Saturday                                                                                                          |
|--------|-------------------------------------------------|---------------------------------------------------------|-----------|----------|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| 1      | 2                                               | 3                                                       | 4         | 5        | 6<br>Lispaas at Robron<br>1:00PM-3:00PM     | 7<br>Book Club at Robron<br>11:30AM-1:00PM<br>Mamawi at Robron<br>1:00-3:00                                       |
| 8      | 9<br>Wild Womxn at Pure<br>4:30PM-5:30PM        | 10                                                      | 11        | 12       | 13                                          | 14<br>Canning (Jam and Pickling) at Robron<br>9:00AM-3:00PM<br>Mxn's Group (Bushcraft) at Robron<br>3:00PM-5:00PM |
| 15     | 16<br>Wild Womxn at Pure<br>4:30PM-5:30PM       | 17                                                      | 18        | 19       | 20<br>Piihtikway at Robron<br>6:00PM-8:00PM | 21<br>Gauntlet Mittens (Laarb 2.0) at Robron<br>9:00AM-3:00PM                                                     |
| 22     | 23<br>Wild Womxn at Pure<br>4:30PM-5:30PM       | 24<br>Michif Language Circle at Robron<br>6:00PM-8:00PM | 25        | 26       | 27                                          | 28<br>Kayhkway Chi Miichihk at Robron<br>11:00AM-3:00PM<br>Mxn's Group (Building) at Robron<br>3:00PM-5:00PM      |
| 29     | 30<br>National Day for Truth and Reconciliation |                                                         |           |          |                                             |                                                                                                                   |