

October 2022 Newsletter



Taanishi kiiyawow? (How are you?),

Coming Events

NIMA will be hosting quarterly **Métis Seniors Lunch** gatherings starting Sunday, October 30th. The first lunch will take place at Robron Center in the conference room. Lunch will be served at 11:30am. Members 50+ are welcome. Please RSVP by phone or email if you plan to attend.

On Sunday, October 30th at 1:00pm, NIMA will be hosting a **Healing Event with Kathi Camilleri**. ALL MEMBERS WELCOME. This is an opportunity for all NIMA members to talk about healing and what we can do as Métis to build cultural ties and a personal toolkit for how to begin to move forward from profound events we have experienced. Participants will make a small traditional Métis bag. Please register for the event. The form is on our website (<https://www.nimetus.com/events.html>), or get a paper copy from the NIMA office.

Every time you attend a **Try-A-Sport** program event, you get a chance to win a Fitbit watch (draw March 2023). Come learn a new activity, enjoy activities you have tried before, connect, and have fun with us. All equipment and costs are covered by NIMA. Plus, it is a chance to win other exciting prizes and get to know fellow community members.

Try-A-Sport Schedule:

October/November - Join us to learn about safe mushroom harvesting. Every participant will get the opportunity to take some mushrooms home to enjoy. Date to be determined by mushroom availability and weather. RSVP by phone or email if you interested so we can inform you personally once the date is set.

November - From 6:00-7:00 pm on November 1st, NIMA is hosting our first monthly jigging session. Come and learn the basic jig step and a few fancy steps. More will be added each month. No jigging experience necessary but bring a water bottle and your moccasins (if you have them).

December ****This event requires registration in advance**** - Bring your family to enjoy a few rounds of bowling to start off the Christmas holidays on December 17th from 1:00-3:00 pm. Wear your best Ugly Christmas Sweater to win a prize.

January - Join us on January 28th from 12:00-3:00 pm at Strathcona Gardens for swimming. Bring your family to enjoy some fun at the pool.

February ****This event requires registration in advance**** - Come on down to the Velocity Driving Range with us on February 25th from 1:00-2:00 pm. No experience necessary – as it is just ‘fore’ fun! There will be prizes for the longest drive and more.

March - Have you heard the word “geocaching” but not sure what it is? Join us on March 25th from 1:00-3:00 pm at the Hilchey Road entrance to Beaver Lodge Forest Lands to test your skills at modern day treasure hunting!



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Mamawi will be gathering October 9th, 16th and 23rd for three sessions to create a beautiful fish scale art piece (see image to the left). The event will start at 1:00 pm and takes place at the Robron Centre in Campbell River. We welcome any Métis women and 2SLGBTQIAA+ community to attend. Children who wish to participate are welcome. If you require childcare, please let us know.

Mamawi Schedule 2022: (all events are on a Sunday at 1:00 pm)

November 13th - Flower beading. Flower beadwork is a living tradition for the Métis. This cherished art form became so well known as a skill of the Métis Nation that other nations have named the Métis “The Flower Beadwork People”.

December 11th - Christmas Mitten making. The holiday season has always been a very special time for Métis families. A family-oriented people, the Métis often didn't have money to buy expensive presents, but instead made practical items with much love.

The three pictures below are from our September Mamawi gathering, where we learn to tuft with reindeer hair.



The first Tuesday of every month is now **Jigging Night**. Meet us at Robron from 6:00-7:00 pm (unless otherwise stated). No experience necessary, you just need to have a desire to learn. Bring a water bottle and moccasins if you have them. This is part of the Try-A-Sport contest, and every time you attend you are entered to win the Fitbit watch.

Dates:

November 1st

November 16th and 20th (at Louis Riel Day events – see event info for time)

December 6th

January 10th

February 7th

March 7th

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NIMA has partnered with Kelsey Todd, MNBC's Regional Mental Health Navigator – Vancouver Island, to provide **mental health drop-in sessions** on the first Friday of every month from 10:30 am – 2:30 pm in Room A123A at the Robron Centre. The first session is Friday, November 4th.

Starting November 29th, NIMA is hosting monthly cultural nights on the last Tuesday of every month from 6:00 – 8:00 pm at the Robron Centre. These gathering nights will be called **Piihtikway** (pronounced PEE-tik-quay), which means welcome in Michif language. This is a great opportunity to finish projects you may have previously started, such as hair tufting, beading or moccasins. Come join us and get help with your Métis projects. You can also start a new project, as we will have supplies and a teacher available. Please note there will not be a Piihtikway gathering in December due to Christmas holidays.

Louis Riel Day is celebrated on November 16th every year. NIMA will be hosting celebration events in Port Hardy and Campbell River this year. On November 16th starting at 3:00 pm, NIMA will host cultural activities and a dinner at the Sacred Wolf Friendship Centre in Port Hardy. The event activities will take place before and after dinner. On November 20th starting at 1:00 pm, NIMA will host cultural activities and a dinner at the Robron Centre in Campbell River. All Métis families are welcome. There will be games and LOTS OF PRIZES! All children who attend will receive a free book. Cultural activities include hair tufting, jigging and hand beading.

Get in the Christmas spirit with our **Ugly Christmas Sweater Bowling** event. Bring your family and join us at CR Bowling (1661 16 Ave) between 1:00 – 3:00 pm. We will have prizes for sweaters, bowling scores and more. Sweaters are encouraged but not mandatory.

Housing and Childcare



We are in the process of calling all NIMA members for our housing survey. All the feedback we get is appreciated and helps us plan this new housing development for Métis people in Campbell River. During the week of October 3rd, the topographical surveys were completed. We will be completing other required surveys and then we can start the process of getting an architect and planning what the building will look like. Things are moving along nicely and everyone at NIMA and MNBC is excited about the building moving forward.

Michif Words

All words on the calendars are in Southern Michif, go to www.metismuseum.ca/michif_tools for more words and to hear pronunciations.

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October/Oktobor 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9 Mamawi – Robron Fish Scale Art 1/3 1:00-3:00	10 La jhoornii maarsii aen itwayhk (Thanksgiving)	11	12	13	14	15
16 Mamawi – Robron Fish Scale Art 2/3 1:00-3:00	17	18	19	20	21	22
23 Mamawi – Robron Fish Scale Art 3/3 1:00-3:00	24	25	26	27	28	29
30 Elder's Lunch 11:30 Cultural Healing with Kathi 1:00-3:30	31					

MICHIIF

Fall - Latonn

Thanksgiving – La
jhoornii maarsii aen
itwayhk

Pumpkin – enn
sitrooy

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November/Noovvaambor 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Jigging (monthly) Robron 6:00-7:00 NEW!	2	3	4 Drop-in Mental Health Support Services 10:30-2:30 room A123A Robron NEW!	5
6	7	8	9	10 La Zhoornii poor Ili Saalda (Remembrance Day)	11 La Zhoornii poor Ili Saalda (Remembrance Day)	12
13 Mamowi – Robron 5 Petal Flower 1:00-3:00	14	15 Louis Riel Day – Port Hardy (SWECA) 3:00-8:00	16	17	18	19
20 Louis Riel Day – Campbell River (Robron) 1:00-5:00	21	22	23	24	25	26
27	28 NEW! Piititkway (PEE-ik-quoy) (monthly) – Robron 6:00-8:00	29	30			

MICHIF

Remembrance
Day – La Zhoornii
poor Ili Saalda

Remembrance -
Kishkishiwin

Come in -
Piititkway

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December/Disaambr 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Drop-in Mental Health Support Services 10:30-2:30 room A123A Robron	2 3
4	5	Jigging – Robron 6:00-7:00	6	7	8	9 10
11 Mamawi – Robron Métis Christmas Mittens 1:00-3:00	12		13	14	15	16 Ugly Christmas Sweater Bowling 1:00-3:00
18	19		20	21	22	23 24
25 Li Zhoor di Nowel (Christmas)	26		27	28	29	30 31

NIMA's office will be closed for Christmas holidays December 17th, 2022 – January 1st, 2023

MICCHIF

Winter – I'ivayr

Christmas – Li
Zhoor di Nowel

Mittens – Iii pchit
mitenn

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